

Prospective Study on Breast Implant Illness

Patient follow-up questionnaire

☐ 3 months ☐ 6 months ☐ 12 months ☐ 18 months ☐ 2 years

March 2021 V 5.0



FORM 3: BII Symptom tracker

SPN: _____ Date of Response: _____

Time since surgery: (tick applicable box)

☐ 3 months ☐ 6 months ☐ 12 months ☐ 18 months ☐ 2 years

Please list your symptoms and date of onset

For severity score – please use the following scale

1 – Mild, intermittent, little or no impact on lifestyle/work
2 – Mild, persistent, slight impact on lifestyle/work

3 – Moderate, persistent, some impact on lifestyle/work

4 – Moderate, persistent, significant impact on lifestyle/work

5 - Severe, persistent, debilitating impact on lifestyle/work

Symptom	Date of onset	Severity score 1-5	Symptom	Date of onset	Severity score 1-5
Nervous system			Musculoskeletal		
☐ Headaches			☐ Muscle pain		
☐ Brain fog			☐ Joint pain		
☐ Memory loss			☐ Numbness/tingling		
☐ Vertigo			☐ Fibromyalgia		
☐ Migraine			☐ Nerve pain (pins/needles)		
☐ Tinnitus (ringing ears)			☐ Discoloration of hands/feet		
☐ Visual disturbance (blurriness, irritation)			☐ Stiffness		
☐ Poor concentration			☐ Joint swelling/redness		
Immune/Inflammatory			GI/Urogenital		
☐ Recurrent infections			☐ Frequent urination		
☐ Night sweats			☐ Reduced libido		
☐ Chronic fatigue			☐ UTIs		
☐ Easy bruising			☐ Reflux/gastritis		
☐ Sudden food intolerance/allergies			☐ Weight loss/gain		
☐ Swollen and/or tender lymph glands			☐ Irritable bowel		
Skin/hair			☐ Taste alteration		
☐ Hair loss			☐ Swallowing difficulties		
☐ Dry fragile hair			Psychological		
☐ Skin rashes			☐ Anxiety		
Cardiorespiratory			☐ Depression		
☐ Shortness of breath			☐ Panic attacks		
☐ Heart palpitations					
☐ Chronic cough					

Additional symptoms

Symptom(s)	Date of onset	Severity score (1-5)

Space for additional information

DATASHEET 2

PROMIS Distress-Anxiety

SPN : _____ Date of Response: _____

Emotional Distress-Anxiety

Please respond to each item by marking one box per row.

In the past 7 days...

		Never	Rarely	Sometimes	Often	Always
EDANX27	I felt something awful would happen	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX53	I felt uneasy	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX05	I felt anxious	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX12	I felt upset	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX55	I had difficulty calming down	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX01	I felt fearful	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX02	I felt frightened	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX33	I felt terrified.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX08	I was concerned about my mental health	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX47	I felt indecisive	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX18	I had sudden feelings of panic	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX26	I felt fidgety	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX07	I felt like I needed help for my anxiety	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

DATASHEET 3.1

PROMIS Distress-Depression

SPN : _____ Date of Response: _____

Please respond to each item by marking one box per row.

In the past 7 days...		Never	Rarely	Sometimes	Often	Always
EDDEP06	I felt helpless	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP19	I felt that I wanted to give up on everything	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP35	I found that things in my life were overwhelming	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP05	I felt that I had nothing to look forward to	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP41	I felt hopeless	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP28	I felt lonely	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP09	I felt that nothing could cheer me up	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP31	I felt discouraged about the future	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP46	I felt pessimistic	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP17	I felt sad	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP29	I felt depressed	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP36	I felt unhappy	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP54	I felt emotionally exhausted	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

DATASHEET 3.2

PROMIS Distress-Depression

SPN : _____ Date of Response: _____

In the past 7 days...

		Never	Rarely	Sometimes	Often	Always
EDDEP21	I felt that I was to blame for things	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP26	I felt disappointed in myself	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP39	I felt I had no reason for living	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP48	I felt that my life was empty	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP04	I felt worthless	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP14	I felt that I was not as good as other people.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP22	I felt like a failure.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP27	I felt that I was not needed.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP23	I had trouble feeling close to people.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP07	I withdrew from other people	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP02	I felt lonely even when I was with other people.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP12	I had mood swings	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP16	I felt like crying.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANG09	I felt angry.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANG29	I felt irritable	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP38	I felt unloved.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDDEP55	I felt like I needed help for my depression	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

Follow up progress

SPN: _____

Time point	Date of assessment	Assessor initials	PROMS /PROMIS	BII Symptom tracker	Repeat bloods (if indicated)
6 -12 months			☐	☐	☐
18-24 months			☐	☐	☐